

TASK: POSITIVE POETRY

HI, ARE YOU OK?

WHEN YOU LOOK IN THE MIRROR ARE YOU HAPPY WITH WHAT YOU SEE? WHAT WORDS COME TO MIND? ARE THEY POSITIVE WORDS OR NEGATIVE WORDS?

IF YOU'RE ANYTHING LIKE LOLA, I'M FAIRLY CERTAIN THEY'RE NEGATIVE WORDS. WHAT IF I TRY AND HELP WITH THIS AND TRY AND CHANGE THE NEGATIVE WORDS IN YOUR HEAD TO POSITIVE ONES? WOULD YOU BE UP FOR IT?



READ OR LISTEN TO THIS POEM SEVERAL TIMES. MAKE SURE THE MEANING OF THE POEM GETS A CHANCE TO TAKE ROOT IN YOUR MIND. ON YOUR OWN, OR WITH A PARTNER, HIGHLIGHT THE NEGATIVE AND POSITIVE WORDS IN THE POEM WITH TWO SEPARATE COLOURS. HERE IS A CHANCE FOR YOU TO DISCOVER THE MEANING OF EVERY WORD SO THAT YOU CAN UNDERSTAND THE POEM BETTER.

WHAT WORDS STAND OUT TO YOU? ARE THERE COUPLETS THAT CATCH YOUR EYE? HOW ABOUT MAKING A GRAFFITI POSTER OF THESE COUPLETS? IT'S VERY IMPORTANT FOR YOU TO SURROUND YOURSELF WITH POSITIVE WORDS, SO HOW ABOUT CONCENTRATING ON THESE?

CAN YOU CREATE A SPECIAL POEM OR A RAP FOLLOWING THE STYLE OF THE POEM THAT YOU'VE READ?

I'M SURE YOU'RE TIRED OF HEARING THE SAME OLD NEGATIVE WORDS IN YOUR HEAD ALL THE TIME. TRY AND CHANGE THEM TO POSITIVE ONES.

STEP BY STEP!