

TASK: BELONGING

HEY YOU! DO YOU WANT TO TALK? I'M HERE TO HELP YOU KNOW!

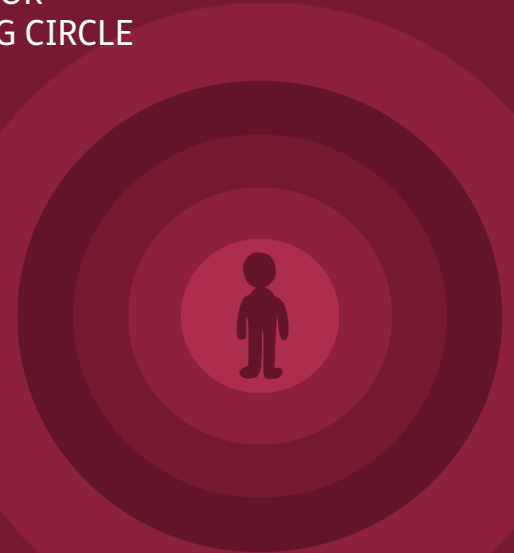
TAKE A FEW MINUTES TO THINK ABOUT THE PEOPLE IN YOUR LIFE THAT YOU'VE GOT A VALUABLE RELATIONSHIP WITH. THEY COULD BE A MEMBER OF YOUR FAMILY, YOUR FRIENDS, TEACHERS OR MEMBERS OF A CLUB YOU BELONG TO. FILL THE BELONGING CIRCLE BY STARTING WITH THE PEOPLE YOU HAVE A VERY CLOSE RELATIONSHIP WITH. THERE ARE PROBABLY SEVERAL REASONS WHY THESE PEOPLE ARE IMPORTANT TO YOU!

DISCUSS YOUR BELONGING CIRCLE WITH A PARTNER WHILE EXPLAINING THE RELATIONSHIP YOU HAVE WITH EACH PERSON IN THE CIRCLE.

HOW ABOUT ASKING YOUR PARTNER THESE QUESTIONS:

1. CAN YOU THINK OF A TIME WHEN YOU FELT **LOVED BY A PERSON IN THE CIRCLE?**

2. CAN YOU REMEMBER A TIME WHEN YOU FELT **PROTECTED BY A PERSON IN THE CIRCLE?**



SWAP PLACES! NOW IT'S THE TURN OF THE PERSON THAT WAS ASKING THE QUESTIONS TO ANSWER THESE ONES:

1. CAN YOU THINK OF A TIME WHEN YOU EXPRESSED YOUR **LOVE TO ONE OF THE PEOPLE IN THE CIRCLE?**

2. CAN YOU REMEMBER A TIME WHEN YOU **PROTECTED A PERSON IN THE CIRCLE?**

ARE YOU AFRAID OF BEING ALONE? NEVER! LOOK AT YOUR BELONGING CIRCLE!

REMEMBER – EVERYONE IS HERE TO LISTEN IF YOU NEED TO TALK, OK?