

# Lucy's Monologue

For the majority of young people, their start in life is fairly simple, hassle-free, and full of love. They will have caring parents and pictures around the house that will be a record of their first moments and every milestone from that moment onwards. But unfortunately, this isn't true for every child, like adopted children. Their start in life will be very different, full of uncertainty and often a lot of trauma.

Like Lucy was saying in her monologue, she was adopted at two years of age and was raised, since she can remember, by two loving and AMAZING mothers who look after her, Mam and Mummy. Unfortunately, her biological mother couldn't look after her, and thinking about that is hard, but Lucy almost never thinks about her by now.

As you see, Lucy is in a bit of a dilemma now. She wants to know more about her early life. She was too young to remember anything at the time.

**What do you think Lucy should do?**

**Do you have things that remind you of a special memory or location, as Lucy did with the toy hedgehog?**

**Have you ever connected a smell with a place?**

**Have you ever connected a sound or a song with something or somewhere special?**

**Lucy doesn't know if she should ask her parents for more information about her early life, before she was adopted? What would prevent Lucy from asking? Would you dare ask?**

**Did Lucy feel different because she was adopted?**

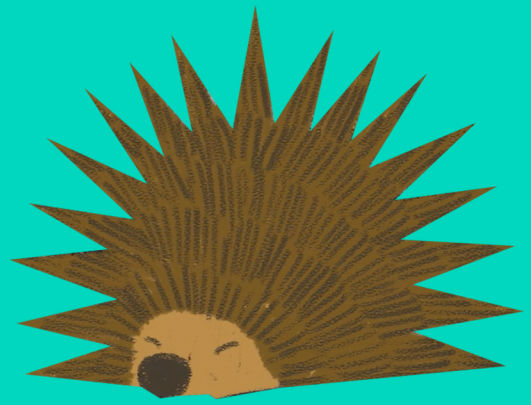
**What does familial love look like?**

**How do we show love towards our families?**

**What do we take for granted, that keeps us safe from day to day?**

**Do you have a suggestion for Lucy to help her remember her early years?**

# Tasks



## Creating an ‘Early Years treasure chest’

What would you include in your treasure chest to remember your childhood? Is there something specific that you remember from when you were a small child? How about a...

- **Teddy**
- **Picture?**
- **Rattle?**
- **An item of clothing or blanket?**
- **A special book?**

Discuss what you’ve put in your chest and explain why these items hold so many memories. Remember you can go to this chest every time you feel unsure or shaky. You can look through your things to remember that you have family that loves you and think the world of you.

## Discussion

In small groups, discuss this question.

### “What makes a family?”

You can use these opening lines to help with the discussion.

- **In my opinion...**
- **I agree with the statement because...**
- **I disagree with the statement because...**
- **I don’t think you need a real mother or father to be part of a family because...**
- **I believe...**
- **There’s no doubt...**
- **I agree with you because**
- **I disagree with you because...**
- **But, how about considering...**
- **I feel**
- **Have you considered...?**